



# BEETS

## AVAILABILITY

12 Months a Year

## PACKAGING DETAILS

BEETS 12 x 2LB, 10 x 5LB,  
10LB, 25LB, 50LB

## CUSTOM PACKAGING AVAILABLE

## FARMING LOCATIONS

Canada & Mexico

## Nutrition Facts Valeur nutritive

1 cup (136g)

<b>Calories 35</b>	<b>% Daily Value*</b>
	<b>% valeur quotidienne*</b>
<b>Fat / Lipides 2 g</b>	<b>0 %</b>
Saturated / saturés 0 g	
+ Trans / trans 0 g	<b>0 %</b>
<b>Carbohydrate / Glucides 13 g</b>	
Fiber / Fibres 4 g	<b>4 %</b>
Sugars / Sucres 9 g	<b>15 %</b>
<b>Protein / Protéines 2 g</b>	
<b>Cholesterol / Cholestérol 0 mg</b>	
Sodium / Sodium 106mg	<b>4 %</b>
Vitamin A / Vitamine A	<b>1 %</b>
Vitamin C / Vitamine C	<b>11 %</b>
Calcium	<b>0 %</b>
Iron / Fer	<b>2 %</b>

\*5% or less is a little, 15% or more is a lot  
\*5% ou moins c'est peu, 15% ou plus c'est beaucoup

## Request Pricing Information

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